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Name: _____

Date: _____

Rapid Mood Screener (RMS)

Please select one response for each question

	Yes	No
1. Have there been at least 6 different periods of time (at least 2 weeks) when you felt deeply depressed?		
2. Did you have problems with depression before the age of 18?		
3. Have you ever had to stop or change your antidepressant because it made you highly irritable or hyper?		
4. Have you ever had a period of at least 1 week during which you were more talkative than normal with thoughts racing in your head?		
5. Have you ever had a period of at least 1 week during which you felt any of the following: unusually happy; unusually outgoing; or unusually energetic?		
6. Have you ever had a period of at least 1 week during which you needed much less sleep than usual?		

Score: _____